

DIY Foil Finger Labyrinth

You will need: Paper plates, pencils, foil, glue (PVA works best)

Draw a spiral on a paper plate- start in the middle and work outwards but take the line on a wander if you want to! Next, cut pieces of tin foil and roll them into thin sausage shapes.



Glue the foil sausages to the spiral on the plate. If using PVA you will need to wait a while for the glue to dry!



Now your finger can go on a walk as you take time to talk to God.

How does it feel to go on a journey? What do you need?

How can life be like a journey?

Who journeys with you? Who do you journey with?

Does God journey with you? How?

Pray:

Spend some time in silence if you want to, thinking about your life journey or the life journeys of people you know. As you follow the foil line with your finger, talk to God about your life and how He might be with you on that journey.