

Catapult Prayers - Fire your Prayers to God!

Write a message to God.

It might be something you want help with - a difficult task

It might be help to be brave and have a go

It might be a prayer for someone you are missing or worried about.

Scrunch up the paper into a ball, then get an elastic band, spread it between your fingers and fire your prayer off to God! (Make sure there's no one or nothing in the way first!)

