

Resources to educate yourself on Racial Inequality

Books



White Fragility by Dr Robin Diangelo

Groundbreaking book exploring the counterproductive reactions white people have when discussing racism that serve to protect their positions and maintain racial inequality. "White fragility" refers to the defensive moves that white people make when challenged racially. These include emotions such as anger, fear, and guilt, and behaviors including argumentation and silence.

<https://www.amazon.co.uk/White-Fragility-People-About-Racism/dp/0807047414>

Why I'm No Longer Talking To White People About Race by Reni Eddo-Lodge

The book that sparked a national conversation. Exploring everything from eradicated black history to the inextricable link between class and race, *Why I'm No Longer Talking to White People About Race* is the essential handbook for anyone who wants to understand race relations in Britain today.

https://www.amazon.co.uk/dp/1408870584/ref=cm_sw_r_cp_api_i_7iw2EbQMBTW2K



White Privilege Unmasked by Judy Ryde

This introductory book looks at the concept of whiteness, and shows how individuals can 'unmask' their own whiteness and take meaningful steps to break down unconscious bias and structural racism. Exploring how colonial history resulted in white privilege, this book examines how that privilege manifests today in a culturally diverse world

https://www.amazon.co.uk/gp/aw/d/1785924087/ref=sspa_mw_detail_3?ie=UTF8&psc=1

Me and White Supremacy by Layla Saad

Me and White Supremacy teaches readers how to dismantle the privilege within themselves so that they can stop (often unconsciously) inflicting damage on people of colour, and in turn, help other white people do better, too.

https://www.amazon.co.uk/Me-White-Supremacy-Recognise-Privilege/dp/1529405106/ref=mp_s_a_1_1?dchild=1&keywords=me+and+white+supremacy&qid=1591304096&sprefix=me+and+wh&sr=8-1



Britain and The Slave Trade by Steve Martin

This Book provides an intriguing illustration of how events that have become disassociated from mainstream history show in the face of modern Britain. S.I. Martin reveals how the slaving legacy extends to Britain's politics, to the industrial and architectural heritage, to high street banks and to the genetics of the current population

<https://www.amazon.co.uk/Britain-Slave-Trade-Steve-Martin/dp/0752217852>

Podcasts



1619

In August of 1619, a ship carrying more than 20 enslaved Africans arrived in the English colony of Virginia. America was not yet America, but this was the moment it began. No aspect of the country that would be formed here has been untouched by the 250 years of slavery that followed

<https://podcasts.apple.com/gb/podcast/1619/id1476928106>

<https://open.spotify.com/show/7j5MhJCMBvOjF1A5i9LPLX?si=t1Gknp3OQwWBpO-qx0fcqQ>

Code Switch

Code Switch is a weekly podcast by journalists of colour who discuss race and all the ways it interacts with society and culture. The podcast covers everything from the latest protests, to race and the intersection of coronavirus, to how Dora the Explorer mattered as a way to usher in multicultural children's TV programmes.

<https://podcasts.apple.com/gb/podcast/code-switch/id1112190608>

<https://open.spotify.com/show/2JoSUQPmbQxB7MAh3V3ETh?si=H2xXdNF0S920cxJ-80S0PA>



No Country for Young Women

Two women discuss what it's like being a British woman of colour in the UK today and all their experiences.

<https://open.spotify.com/show/0oEa6unSvW7fpqk1lfYpDU?si=Qo1onOBtQBafPkta3ZpTw>

<https://podcasts.apple.com/gb/podcast/no-country-for-young-women/id1370978944>



Witness Black History

The BBC's podcast about black history features interviews with key figures from black and civil rights history.

<https://podcasts.apple.com/gb/podcast/witness-history-witness-black-history/id721125504>

https://open.spotify.com/show/722vbB8JrFU1VNayZH93Pu?si=TxESs_33ScipmU7CfdeGxQ

Films and TV

***When They See Us* on Netflix**

The true story follows the trial of five teenagers black and Hispanic boys who were wrongly imprisoned and charged as adults for the rape of a white woman they did not commit.

***Teach Us All* on Netflix**

This documentary on Netflix examines American's school system and how to this day it is still largely segregated. The film touches on the lack of funding and quality teaching for black children.

I Am Not Your Negro

Writer James Baldwin tells the story of race in modern America with his unfinished novel, *Remember This House*.

12 Years a Slave

Based on an 1853 memoir by Solomon Northrup, a black man born free in New York who is kidnapped and sold into slavery.

The Hate You Give

The Hate U Give emphasizes how issues of racism and police brutality are not simply adult problems—rather, they infect the upbringing of black children and teenagers across the world.