

A prayer for the Nation

Loving Father God,

Be with us in our distress:

with our families, friends and neighbours,
our country and our world.

Give health to the sick, hope to the fearful,
and comfort to the mourners.

Give wisdom to our frontline and key workers,
insight to our government and patience to us all;

Overcome disease with the power of your new life,
through your Son, Jesus Christ our Lord. Amen.

From the Church of England leaflet "Prayer for the Nation"

Gracious and Holy Father,
give us **the wisdom to discover** You,
the **intelligence to understand** You,
the **diligence to seek** after You,
the **patience to wait** for You,
eyes to behold You,
a **heart to meditate** upon You,
and a **life to proclaim** You,
through the power of the Spirit
and in the name of Jesus, our Lord. Amen.

Prayer of St Benedict. (480 – 548 AD)

Our team of ministers is always willing to pray with you and for you. So please contact us if you would like that, or if there are topics you would like us to include in a future version of our prayer calendar.

Your personal prayer requests can also be passed on via the Parish Office, or emailed in confidence to prayer@sth-stp.org

St Helen's Church, High Street, Wheathampstead. AL4 8AA



**"Devote yourselves to prayer, keeping alert
in it with thanksgiving."** *Colossians 4:2*

This prayer calendar is set out with a different topic for each day of the month, but please use it as part of your personal prayers in a way which works for you.

There is space for you to add your own notes and prayer topics – perhaps the names of family members or people in need of God's healing, or maybe issues on the world stage which you are particularly concerned about.

St Helen's + St Peter's · Wheathampstead 
living and working for the glory of God

Monthly Prayer Calendar

We hope that these suggestions will be a helpful aide for your personal prayers...

1 Doctors, nurses and receptionists at the Village Surgery , and our local pharmacy	2 <i>Everyone in our village affected by poverty, addiction, abuse, neglect or domestic violence</i>	3 Those in our congregation who provide pastoral care and practical support for others	4 Our Ministry team, Churchwardens, PCC & all involved in the admin of our churches	5 The Ark - our Wednesday morning Carer & Toddler Group	6 <i>For the different bible study and midweek groups and the support they offer</i>	7 All who help make our worship possible including intercessors, bible readers, musicians, and "tech-team"
8 Give thanks for the good neighbours around us. Pray we might be a ' beacon of hope ' to our community.	9 The work of the Children's Society in this country	10 Our community café Coffee in the Chancel (usually open Mon / Tues / Sat am.) & all the groups who use it as a hub	11 The 80 million people globally who've been forced from their homes due to persecution, conflict, and human rights violations	12 <i>The elderly, vulnerable, frail, infirm and isolated</i>	13 Wheathampstead Community Group and projects run by " Wheathampstead Friends "	14 The building of a fairer society with justice for all who face discrimination #BLM #MeToo
15 Global efforts to vaccinate everyone against Covid-19; especially in poorer countries	16 Homeless families and individuals & all in overcrowded or unsuitable accommodation	17 The Azalea charity supporting vulnerable women and their children in Luton	18 All NHS Staff & carehome workers	19 <i>People already impacted by the Climate Crisis to be kept safe and secure; and for politicians to keep the commitments made at COP26</i>	20 Families supported by the St Helen's Community Fund & The Food Bank	21 That through our services and outreach we would help people to Encounter God's Love
22 <i>Everyone with a chronic or long term health issue—including those with cancer and heart disease.</i>	23 <i>Shop staff, delivery drivers & other Key Workers</i>	24 Everyone who is weighed down by debts — especially those with rent or mortgage arrears & unpaid utility bills	25 Unity in our church as we develop our vision. Including plans to make our St Helen's church building a hub at the centre of the community.	26 The Kimbilio Project in the DR Congo & Orphans Know More in Uganda	27 Staff, teachers, Governors and children at Beech Hyde & St Helen's Schools	28 Everyone who struggles with anxiety, phobias, depression and other mental health issues
29 All who care for children, especially single parents and those without strong support networks.	30 All who have been bereaved & especially those who have lost loved ones recently	31 All in Government: Our Parish Councilors, District & County Council and our MP Bim Afolami	Your Notes & Prayers:			

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. 1 Thessalonians 5:16-18